

GENBUKAN UNRYU DOJO USA

Unryu Dojo is a:

SAMURAI, 武士 *bushi*, “one who awaits orders,” a professional warrior
TRAINING, 稽古 *keiko*, “meditate on the old,” and 修行 *shugyo*, “ascetic practice,” ways of polishing the mirror
CENTER, 道場 *dojo*, “place of the way,” sacred space

We train with Japanese martial systems (*gendai bujutsu*):

UNARMED, empty-hand martial arts, includes several unarmed systems
SWORD, sword martial arts, includes several bladed weapon systems
STAFF, staff martial arts, includes several wooden weapon systems

Basic Japanese terms:

BACK, 後 <i>ushiro</i>	MOVEMENT, 捌き <i>sabaki</i> (as in <i>taisabaki</i> “bodywork” and <i>ashisabaki</i> “footwork”)
BASIC, 基本 <i>kihon</i>	OUTSIDE, 外 <i>soto</i>
BLOCK, 受け <i>uke</i> (“receive”)	RIGHT, 右 <i>migi</i>
ETIQUETTE, 礼法 <i>reiho</i> , proper manners	SPIRIT-SHOUT, 気合 <i>kiai</i>
FRONT, 前 <i>mae</i>	STANCE, 構 <i>kamae</i>
INSIDE, 内 <i>uchi</i>	STRIKE, 突き <i>tsuki</i> (“thrust,” a straight strike) or 打 <i>uchi</i> (“hit,” a curved strike)
KICK, 蹴り <i>keri</i>	UPPER LEVEL, 上段 <i>jodan</i>
LEFT, 左 <i>hidari</i>	VARIATION, 変化 <i>henka</i>
LOWER LEVEL, 下段 <i>gedan</i>	
MIDDLE LEVEL, 中段 <i>chudan</i>	

Japanese counting terms:

1, 一 <i>ichi</i>	6, 六 <i>rokku</i>
2, 二 <i>ni</i>	7, 七 <i>shichi/nana</i>
3, 三 <i>san</i>	8, 八 <i>hachi</i>
4, 四 <i>shi/yon</i>	9, 九 <i>kyuu/ku</i>
5, 五 <i>go</i>	10, 十 <i>juu</i>

Japanese martial tools:

BAMBOO SWORD, 竹刀 <i>shinai</i>	SPEAR, 槍 <i>yari</i>
CANE, 杖 <i>tsue/jo</i> (4' staff)	STAFF, 棒 <i>bo</i> (5'-6' staff)
KNIFE, 短刀 <i>tanto</i>	STICK, 短棒 <i>tanbo</i> (12"-18" staff)
GLAIVE, 薙刀 <i>naginata</i>	SWORD, 刀 <i>katana/ken</i>
HALF-STAFF, 半棒 <i>hanbo</i> (3' staff)	WOOD SWORD, 木剣 <i>bokken</i>
SHORT SWORD, 小太刀 <i>kodachi</i> (“small fat sword”)	